



2020 - 2021 COVID-19 Protocol

At The Dance Company, we will continue to follow the CDC guidelines and would like to ensure you that our priority is the health and safety of our dancers, their families, and our staff. We will continue to monitor and implement the local, state, and federal recommendations as they're announced. Thank you in advance for all of your support during this challenging time. We are so excited to return to dancing together again!

Please read through the following guidelines to ensure the safety of our dancers, their families, and our instructors. On the last page, we ask that you sign a waiver that agrees that you have read through the protocol, along with your dancer. **All dancers must return signed on their first day of classes. We will not accept electronic signatures. We will have hard copies available by request.**

ARRIVAL & DROP OFF

- While students are waiting for classes to start, please wait in cars until our staff open the BACK ENTRANCE. No dancers will be allowed into the studio until the prior class has exited and all high used surfaces are cleaned. All studio and lobby surfaces and the bathroom will be cleaned between each class.
- At this time, we cannot allow any parents in our lobby, except for Creative Movement and Tiny Dance parents. At this time, we are only able to have 6 chairs available in our lobby. We ask that they are saved for families that have children who do not feel comfortable with their parent observing from outside. Parents are welcome to observe the class from the front of the building or remain in their cars. We encourage only one parent brings their dancer to class to keep number of people to a minimum.
- Parents of dancers age 7 & under must remain present in the parking lot during the class. Please do not drop off and leave. Once you are parked, please walk to physically drop off/pick up your child. Please be on time for picking up your dancer as well.
- Dancers with classes back to back will wait in the studio between classes. If dancers have a break between classes, they may leave and return or wait in the lobby.

- Please try to not touch any door handles. We will open the entrance to the building and will leave the studio door open.
- All students will be required to sanitize hands upon entering the building. Hand sanitizer will be provided upon entering.
- Any person who enters the studio **MUST** wear a mask.

IN THE STUDIO:

- Class sizes have been limited to 12 participants (including dancers and instructors) and dance squares have been marked to allow each dancer their own personal space. Each square is spaced six feet apart from each other.
- Any person entering the building must wear a mask at all times. Dancers may choose to remove their mask once in their designated dance square. We ask that dancers wear their mask whenever leaving their personal square.
- Student temperatures will be taken upon entry. Parents and students are asked to monitor student temperatures and refrain from attending class if the temperature is elevated (100.4 or higher). Any dancer that arrives with an elevated temperature will be asked to stay home.
- Bathroom breaks only when absolutely necessary, one at a time. We encourage dancers to use the bathroom before coming to dance.
- Please bring a bottle of water.
- Any dancer who does not comply with social distance or causes unnecessary danger to the health and safety of their classmates or teacher will be asked to continue future classes virtually on ZOOM.

IMPORTANT INFORMATION FOR SPECIFIC CLASSES

- All Acro class participants **MUST** bring their own yoga mat to class to reduce the use of the gymnastics mat. Gymnastics mats will only be used for traveling stunts (i.e., Cartwheels, Somersaults, etc).

IMPORTANT INFORMATION FOR TDC PARENTS

- Parents will not be allowed to enter the studio during class hours unless arranged with Studio Directors, Arianna or Courtney *Please speak with us directly.
- Any questions regarding payments, etc. should be done over the phone or via email.
- Contactless payment is encouraged: you may send cash/check in an envelope with your dancer (be sure to label) or we can arrange invoices to be emailed on a monthly basis.
- Parents must sign the attached waiver before the dancer enters the studio for their first class (hard copies will be provided by request).

Parents must consider the following before bringing their child to dance each day:

- Have they or their child experience any of the following symptoms recently? Fever or chills, cough, shortness of breath or difficulty breathing, muscle or body aches, new loss of taste or smell, sore throat, nausea or vomiting, diarrhea? If yes, stay home.
- Have you participated in international travel by airplane in the last 14 days? If yes, stay home.
- In the last 14 days, have you had close contact with a confirmed or probable COVID-19 case? If yes, stay home.
- **If you response is YES to any of these questions, we are happy to offer ZOOM classes and online dance material to keep your dancer up to date with their classes until they are ready to return to dance.**

HOW YOU CAN HELP:

- Don't bring toys, food, or any unnecessary items from home
- Don't send your child to the studio sick or if a family member is sick
- Dancers missing a class due to illness can view the class live via ZOOM from home
- Don't break any formal quarantine/government restrictions.
- Encourage your child to cough and sneeze into their arm not in their hand
- Alert us if your child does have COVID-19 and have been to the studio within the last 14 days so we can contact their peers
- Please rest and seek medical assistance if symptoms (e.g. fever, chills, coughing, sneezing, shortness of breath) occur and/or the self-check suggests proper diagnosis
- Please follow the CDC precautions if you have come in contact with someone with COVID-19
- Please use the restroom and wash your hands thoroughly prior to entry to limit the amount of traffic into the bathrooms.
- In the upcoming days and weeks, we will continue to monitor the situation and pass along any pertinent information we gather.

On the next two pages, there is a waiver and agreement that states that you have read the above protocol and have discussed with your dancer. Please print and sign the following two pages. ALL dance families (1 per family) must return a hard copy on their first day of dance. We will not accept electronic signatures. If you need a hard copy, please let us know!

WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

In consideration for receiving permission to BE ON PREMISES at THE DANCE COMPANY and Bicentennial Plaza (hereinafter the “Activity or Activities”), I, on behalf of myself and any minor dancer for whom I have the capacity to contract, hereby acknowledge and agree to the following:

1. I understand the hazards of the novel coronavirus (“COVID-19”) and am familiar with the Centers for Disease Control and Prevention (“CDC”) guidelines regarding COVID-19. I acknowledge and understand that the circumstances regarding COVID-19 are changing from day to day and that, accordingly, the CDC guidelines are regularly modified and updated and I accept full responsibility for familiarizing myself with the most recent updates.
2. Notwithstanding the risks associated with COVID-19, which I readily acknowledge, I hereby willingly choose to participate in Activities.
3. I acknowledge and fully assume the risk of illness or death related to COVID-19 arising from my being on the premises and participating in the Activities and hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT TO SUE (on behalf of myself and any minor children/dancer from whom I have the capacity to contract) THE DANCE COMPANY, their owners, staff, directors, coaches, employees and assigns (the “RELEASEES”) from any liability related to COVID-19 which might occur as a result my being on the premises and participating in the Activities.
4. I shall indemnify, defend and hold harmless the RELEASEES from and against any and all claims, demands, suits, judgments, losses or expenses of any nature whatsoever (including, without limitation, attorneys’ fees, costs and disbursements, whether of in-house or outside counsel and whether or not an action is brought, on appeal or otherwise), arising from or out of, or relating to, directly or indirectly, the infection of COVID-19 or any other illness or injury.
5. It is my express intent that this Waiver and Hold Harmless Agreement shall bind any assigns and representatives, and shall be deemed as a RELEASE, WAIVER, DISCHARGE, AND COVENANT NOT TO SUE the above-named RELEASEES. This Agreement and the provisions contained herein shall be construed, interpreted and controlled according to the laws of the State of Massachusetts.

I HEREBY KNOWINGLY AND VOLUNTARILY WAIVE ANY RIGHT TO A JURY TRIAL OF ANY DISPUTE ARISING IN CONNECTION WITH THIS AGREEMENT. I ACKNOWLEDGE THAT THIS WAIVER WAS EXPRESSLY NEGOTIATED AND IS A MATERIAL INDUCEMENT THE PERMISSION GRANTED BY RELEASEES TO BE ON PREMISES AND PARTICIPATE IN THE ACTIVITIES. IN SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read the foregoing Wavier of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute this Agreement for full, adequate and complete consideration fully intending to be bound by same.

6. By signing below I acknowledge the COVID-19 protocol listed above, all the above stated, and also have read and agree to abide by all rules and guidelines.

SIGNATURE: _____ DATE: _____

PARENT NAME (Print): _____

NAME OF MINOR
CHILD/DANCER(s): _____
